

# Teen Dating Advice and the Teenage Brain: "Sexy Sells-Part 1"

**E**ver wonder why you see a beautiful woman standing beside each beautiful car at a car show? That is easy - **Pheromones** and Oxytocin. Yep, it's the most potent teenage brain cocktail to induce love at first sight. Get those hormones raging and that little mustang starts to look pretty hot after only a matter of seconds. Marketing agents have been going straight into the idea that "sexy sells" for years and by the looks of it, that form of advertising is not going away anytime soon. What better way in order to hook the next generation? You have seen the evidence - you take a teenage boy to a car show and expose him to be able to this kind of junk overload, you can't expect his / her teenage brain to think straight for days. Honestly, that is almost a form of torture - anticipate drool.



## The Teenage Brain: Parenting Teens in an Age When Sexy Sells

Recently, I had been giving a 16 year old girl teenage dating advice just before the prom and she had been expressing how it makes her mad that "all guys think about is sex." I asked her where she thought that had been coming from and she replied, "They are all just so immature!" While that may be true in many cases, it is also true that the teenage brain has to battle more visual images promoting sex than any generation before these. Enormous amounts of advertising dollars are allocated to get our youngsters to purchase whatever is actually being sold, complete with sensuous imagery; it doesn't matter if it is coffee, tennis shoes or a Barbie lunchbox. When parenting teens, realize that if the children's eyes are open up, its likely that these people are being swamped, often subconsciously, every 7 seconds with enticing visual stimulation.

## Think about What Happens

A sweet, teenage honor student begins to develop into a young woman and the first thing that changes is her wardrobe. Our culture has confirmed again and again that if you have a sleek body, a nice paint job and shine up your grill - you will get a truckload of attention. And also, "if that ain't broke, don't fix it." What else do we expect these to do? Wear burlap?

## Parenting Teens: a Closer Look At the Teenage Brain

When teenage brain chemicals are released, it is a force as powerful as a Hemi engine. Trying to stop the thought process with a parenting teens lecture when Oxytocin is hitting theaters is like trying to stop the momentum of an Indy car on lap 19 without taking your foot off the gas. Task would be that the addictive nature and thrill starts a long time before your teen steps onto the track. It starts with a thought - a seemingly harmless suggestion in the form of a picture, movie, as well as word picture that revs up the engines.

## The Chemical Launch in the Teenage Brain is a Trained Activity

Repetition: over and over again, until the teenage brain is about automatic release of Oxytocin as well as other mind-altering chemicals. Don't get me wrong, these kinds of hormones and chemical compounds in the teenage brain are healthy and normal when released in the proper dosage at appropriate times. It is like the difference between taking a turn at 50 mph or perhaps 65 - the later could lead to disaster.

*“ Understanding the teenage brain is both a right and a responsibility to those that are parenting teenagers. We have the data and the research to learn the difference between promoting healthy levels of teenage brain fuel through such things as laughter, eye contact and encouraging words, versus allowing destructive and addictive patterns through sexual overstimulation. We wouldn't enable our teenager to be able to feed a desire to drive the Autobahn at 12-years-old. That degree of experience requires the appropriate maturity and wisdom, not to mention time and place. What is your teenager engaged in that is fueling his or her thought pattern toward a craving for sexual activity? Perhaps high-octane is not the best choice.*

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*Is he into you? Probably the most stable relationships will be the that may start with extremely little chemistry at all. These are the unions that are able to last long after the majority of of the others within group of friends have split up plus moved on. What...*

Another post, we'll take a closer look at the impact advertising has on this powerful substance called Oxytocin in the teenage brain and exactly what those who are nurturing teens can do to keep your children on the right track - maybe even in the slower lane!

## Your Thoughts on this Teen Dating Advice?

Mama j.

*The book Dater's Ed, Lisa Jander, the Teen-Whisperer, helps parents teach their teenagers learn how to "date defensively, get around safely and steer clear of unhealthy interactions." [www.DatersEd.com](http://www.DatersEd.com)*

Lisa Jander is a renowned author and socialist giving advice how Parenting teens can help them date safely. Teenage Dating Advice for Girls can help the particular Teenage Brain to date defensively, get around safely and steer clear of harmful relationships.

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