

# Teen Dating Advice and the Teenage Brain: "Sexy Sells-Part 1"

**E**ver wonder why you see a beautiful woman standing beside each and every beautiful car at a car show? That's easy - **Pheromones** and Oxytocin. Yep, it is the most potent teenage brain cocktail to induce love at first sight. Get those hormones raging and that little mustang starts to look pretty hot after only a matter of mere seconds. Marketing agents have been going in to the idea that "sexy sells" for years and by the looks of it, that form of advertising is not going away anytime soon. What better way to be able to hook the following generation? You have seen the evidence - you are taking a teenage boy to a car show and expose him to be able to this kind of hormone overload, you can't expect his teenage brain to think straight for days. Honestly, that is almost a form of torture - anticipate drool.



## The Teenage Brain: Parenting Teens Toy Trucks Any Time Sexy Sells

Recently, I became giving a 16 year old girl teenage dating advice just before the prom and she has been expressing how it makes her mad that "all guys think about is sex." I asked her where she thought that has been coming from and she replied, "They are all just so immature!" While that may be true in many cases, it is also true that the teenage brain has to battle more visual images promoting sex than any generation before all of them. Billions of promotion us dollars are allocated to get our kids to get whatever is being sold, complete with delicate imagery; it doesn't matter if it is coffee, tennis shoes or a Barbie lunchbox. When parenting teens, understand that if our children's eyes are open up, chances are these people are being swamped, often subconsciously, every 7 seconds with enticing visual stimulation.

## Think about What Happens

A sweet, teenage honor student begins to develop into a young woman and the first thing that changes is her closet. Our culture has confirmed over and over that if you have a sleek body, a nice paint job and sparkle your grill - you will get a truckload of interest. And, "if that ain't broke, don't fix it." What else do we expect them to do? Put on burlap?

## Parenting Teens: a Closer Inspection At the Teenage Brain

When teenage brain chemicals are released, it is a force as powerful as a Hemi engine. Trying to stop the thought process with a parenting teens lecture when Oxytocin is hitting theaters is like trying to stop the momentum of an Indy car on lap 19 without taking your foot off the gas. The process would be that the addictive nature and thrill starts a long time before the teen steps onto the track. It starts with a thought - a seemingly harmless suggestion in the form of a picture, movie, or even word picture that revs up the engines.

## The Chemical Launch in the Teenage Brain is a Trained Activity

Repetition: over and over again, until the teenage brain is about automatic release of Oxytocin as well as other mind-altering chemicals. Don't get me wrong, these hormones and chemicals in the teenage brain are usually healthy and normal when released in the proper dosage at appropriate times. It really is like the difference between taking a turn at 50 mph or 65 - the later could lead to disaster.

“ Understanding the teenage brain is both a right and a responsibility to the ones that are parenting teenage years. We have the data and the research to learn the difference between promoting healthy levels of teenage human brain fuel through things like frivolity, eye contact and encouraging words, versus allowing harmful and addictive patterns through sexual overstimulation. We wouldn't enable our teenager to be able to feed a desire to drive the Autobahn at 12-years-old. That degree of experience requires the appropriate maturity and wisdom, let alone time and place. What is your teenager engaged in that will be fueling his or her thought pattern toward a craving for sexual activity? Maybe high-octane is not the best choice.

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*The Miracles Of Pheromones : Appeal to Good-looking Females Without Trying Principally, pheromones are identified scientifically as chemical substances which can be either secreted or excreted by dwelling microorganisms as a way to get a response from a man or woman. These types of chemical compounds may successfully alter...*

The next post, we'll take a closer look at the impact advertising has on this powerful substance called Oxytocin inside the teenage brain and just what the ones that are nurturing teens can do in order to keep your youngsters on the right track - maybe even in the slow lane!

## Your Thoughts on this Teen Dating Advice?

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*The book Dater's Ed, Lisa Jander, the Teen-Whisperer, helps parents teach their teenagers learn how to "date defensively, get around properly and steer clear of unhealthy relationships." [www.DatersEd.com](http://www.DatersEd.com)*

Lisa Jander is a renowned author as well as socialist giving advice how Parenting teens can help them date safely. Teenage Dating Advice for Girls can help the particular Teenage Brain to date defensively, find their way properly and steer clear of harmful relationships.

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